School District of Beloit Intermediate Lunch Menu February 2017

refresh. refuel. relax.

30

Max Pizza Sticks
Chicken Caesar Salad

Fresh Roasted Veggies Fresh Assortment of Fruits and Vegetables

6

Cheese Quesadilla Chicken Caesar Salad

Fresh Roasted Veggies Fresh Assortment of Fruits and Vegetables

13

Pancakes w/ Sausage Chicken Caesar Salad

Tater Tots
Fresh Assortment of
Fruits and Vegetables

20

Oven roosted
Chicken w/ Dinner Roll
Chicken Caesar Salad

Mashed Potato Fresh Assortment of Fruits and Vegetables

27

Meatloaf w/ Dinner Roll Chicken Caesar Salad

French Fries
Fresh Assortment of
Fruits and Vegetables

31

BBQ Rib SandwichAll American Salad

Steamed Carrots
Fresh Assortment of
Fruits and Vegetables

7

Chicken Nugget Bowl

All American Salad

Steamed Carrots
Fresh Assortment of
Fruits and Vegetables

14

Chicken Nuggets w/ Mac Cheese

All American Salad

Steamed Green Beans Fresh Assortment of Fruits and Vegetables

21

Pasta w/ Meat Sauce & Dinner Roll All American Salad

Steamed Green Beans Fresh Assortment of Fruits and Vegetables

28

Popcorn Chicken Bowl w/ Dinner Roll All American Salad

Steamed Veggie Blend Fresh Assortment of Fruits and Vegetables 1

Oriental Popcorn
Chicken Bowl
Popcorn Chicken Salad

Campfire Beans

Campfire Beans
Fresh Assortment of
Fruits and Vegetables

8

Korean Beef Stew
W/ Cilantro Rice
Popcorn Chicken Salad

Campfire Beans Fresh Assortment of Fruits and Vegetables

15

Chicken Pot Pie

Popcorn Chicken Salad

Roasted Sweet Potato Fresh Assortment of Fruits and Vegetables

22

Broccoli & Cheese Potato

Popcorn Chicken Salad

Steamed Carrots
Fresh Assortment of
Fruits and Vegetables

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Inside Out Pasta Bake w/ Dinner Roll Popcorn Chicken Salad

Roasted Acorn Squash Fresh Assortment of Fruits and Vegetables 2

Penne w/ Meat Sauce & Dinner Roll Italian Salad w/ Ham & Pepperoni

Steamed Zucchini
Fresh Assortment of
Fruits and Vegetables

9

Oven roosted Chicken w/ Dinner Roll Italian Salad w/ Ham & Pepperoni

Steamed Zucchini Fresh Assortment of Fruits and Vegetables

16

Hot Dog Italian Salad w/ Ham & Pepperoni

Campfire Beans
Fresh Assortment of
Fruits and Vegetables

23

Nachos w/ Mexican Rice Italian Salad w/ Ham & Pepperoni

Refried Beans Fresh Assortment of Fruits and Vegetables

2

Cheese Quesadilla Italian Salad w/ Ham & Pepperoni

Fresh Roasted Veggies Fresh Assortment of Fruits and Vegetables 3

Meatballs Sub
Tossed Salad w/ Cheese

Steamed Spinach Fresh Assortment of Fruits and Vegetables

10

No School

17

Spaghetti with
Meatballs
Tossed Salad w/ Cheese

Steamed Spinach
Fresh Assortment of
Fruits and Vegetables

24

Chicken Fajitas
Tossed Salad w/ Cheese

Steamed Spinach Fresh Assortment of Fruits and Vegetables

3

General Tso's Popcorn Chicken Tossed Salad w/ Cheese

Steamed Broccoli Fresh Assortment of Fruits and Vegetables

Nutrition Rocks! Fresh Homestyle Pizza served daily!!!

There are five food groups!

Choose something tasty from each!

Menu Question?

foodservice@4beloitschools.net

Enjoy Fresh Fruit and Vegetables Daily

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